

Discovering Indochina - Laos, Vietnam and Cambodia

An active, scenic, historical and cultural extravaganza of unforgettable experiences

Trip Length: 28 days / 27 nights

January - February

Minimum 6 Guests / Maximum 12 Guests

RARRARRAKKKK

Included meals marked each day. B = Breakfast, L = Lunch, D = Dinner

It would take a lifetime to thoroughly explore the incredible culture, the history and the hidden beauty of the Indochina regions of Laos, Vietnam and Cambodia. This 28 day adventure will give you an amazing opportunity to discover what we believe to be the highlights of each country.

Your trip starts in Laos, in laid-back Vientiane and Luang Pra Bang, the spiritual capital of this former French colony. Then you head to Vietnam to journey from the north to the south, taking in the mountainous areas on the Chinese border and an unforgettable overnight cruise on the internationally renowned Ha Long Bay. We catch a flight south to discover the magical surroundings of Ho Chi Minh City where we'll explore the vast underground network of tunnels that were used by the Viet Cong during the Vietnam (American) War. The pace changes as you experience the serenity of Tra Su wild bird sanctuary, then board a fast boat to reach Phnom Penh, the capital of Cambodia. Then it's on to Siem Reap where you get to experience the mystical surrounds of Angkor Wat - often listed as one of the most popular tourist destinations in the world.

Day 1. Monday Arrive Vientiane, Laos (D)

After arrival at Wattay International Airport you will transfer to our hotel. Vientiane means 'City of Sandalwood' in the ancient Laotian language. You have a free afternoon to relax and look around the town before we meet up with our guide in the foyer of the hotel at 6.00 pm for a briefing about the Laotian segment of our adventure. **Hotel accommodation in Vientiane**

Day 2. Tuesday Full Day Vientiane City Tour, Laos (B) Walk time around 2 hours, 1.5 km

After an early breakfast we head out to see the major highlights of the city, including the oldest - Wat Sisaket, with thousands of miniature Buddha statues, and the former royal temple of Wat Prakeo, that housed the famous Emerald Buddha image. We also visit Laos's national icon, That Luang Stupa, stopping along the way to take some pictures of the imposing Patuxay Monument, which is Vientiane's own Arc de Triumph. Next we visit the COPE Center museum, established in 1997 to provide UXO (unexploded ordinances) survivors with the care and support they required after being fitted with orthotic and prosthetic devices following the Indochina war and recent skirmishes. Following lunch we drive south from Vientiane to see



That Luang Stupa

the Buddha Park, an enchanting collection of Buddhist and Hindu sculptures set in parkland on the banks of the Mekong River, close to the Friendship Bridge. Here, we find over 200 religious images dating back some 500 years, faithfully recreated by a mysterious Buddhist monk. Your evening is free to explore the Night Market and sample some local cuisine at one of the many restaurants the town has to offer.

Hotel accommodation in Vientiane

Day 3. Wednesday Vientiane - Luang Prabang - Half Day City Tour, Laos (B) Walk time around 2 hours, 3.0 km

Today we board our short flight to the UNESCO World Heritage listed city of Luang Prabang, which is perhaps the best preserved traditional city in Southeast Asia. On arrival we are transferred to our hotel.

Around 1.00 pm we head off to see some of the highlights of Luang Prabang including a visit to the Royal Palace Museum, which hosts a range of interesting artifacts from the royal period in Luang Prabang. We'll visit the city's oldest temples, including the magnificent Wat Xiengthong with its roof sweeping low to the ground, representing classical Lao architecture; the impressive stupa of Wat Visoun, and the shrine of Wat Aham. From here we climb to the top of Mount Phousi to explore the sacred gilded stupa and to enjoy the panoramic view of the city with the sun setting over the Mekong River.

After decending the mountain we'll be in the midst of the famous Luang Prabang Night Market, where you can find a unique selection of handmade textiles and handicrafts made locally by ethnic Lao and hill tribe people surrounding Luang Prabang. It's a free evening - you may want to eat at the Night Market for another taste of local cuisine.

Hotel accommodation in Luang Prabang

Day 4. Thursday Luang Prabang - Khoang Si Waterfall, Laos (B) Walk time around 2 hours, 3.0 km

This morning you have the option and the opportunity to rise early and participate in the daily morning ritual of Alms Giving where you'll experience saffron-clad monks collecting offerings or 'Alms' from faithful local residents. This tradition is unique to Laos, being the only Buddhist nation still preserving the daily procession. After breakfast back at hotel we begin our journey to Khuang Si Waterfall stopping along the way to visit the morning Phousi Market where all the locals of Luang Prabang come to do their daily shopping. You will see a variety of local foodstuffs and products including dried buffalo skin, local tea and saltpeter among the chickens, fish, vegetables and fruit - everything needed for daily life in Laos. Then, we visit the Ban Quay and Ban Ou villages of different Laotian ethnic minorities.

On arrival at the Khuangsi Waterfall you will have the opportunity to cool off with a refreshing swim in the topaz pools below the falls, walk along the forest trails and visit the Bear Rescue Sanctuary.

Hotel accommodation in Luang Prabang



Khuang Si Waterfall

Day 5. Friday Luang Prabang - Pak Ou Cave - Oudomxay, Laos (B) Walk time around 45 min, 1.0 km

After another early start, we head to the Mekong River for our cruise upstream where we'll get stunning views of the tranquil countryside. Along the way we visit the mysterious Pak Ou Caves, an ancient pilgrimage site containing thousands of gold lacquered Buddha images left there over hundreds of years. Then we swap the river for road transport and drive towards Oudomxay, the most mountainous area in Laos. The road's conditions can be rough depending on the season, so it may be a bumpy journey. However many villages dot the hillsides and the undulating terrain makes this an interesting journey. Oudomxay Province is home to a mixture of 23 ethnic minority groups. We make a few rest stops along the way, giving you the opportunity to see the various ethnic minority groups such

as Hmong, Khmu, Black Thai and Lue. The hill tribe people are



Pak Ou Caves,

unfailingly friendly, welcoming you with waving hands and smiling faces.

Hotel accommodation in Oudomxay

Day 6. Saturday Oudomxay - Tay Trang Vietnam Border - Dien Bien, Vietnam (B) Drive time 1 hour.

Today you will be driven to the Laos - Vietnam Border at Tay Trang where we will meet our Vietnamese guide. You will then switch to a different vehicle and drive to Dien Bien and have lunch at a local restaurant. After lunch, we'll drive to the Dien Bien Revolutionary Martyr Cemetery; the Dien Bien Phu Victory Museum, and the A1 Hill - where bitter fighting took place in 1954 between French colonialists and the Vietminh Army, led by Ho Chi Minh.

Then you'll visit the bunker of French commander, General Christian de Castries who surrendered to the Vietminh forces in May 1954 which ended the first Indochina War.

Hotel accommodation in Dien Bien Phu

Day 7. Sunday Dien Bien - Sapa, Vietnam (B, L, D)

Walk time around 5 hours, 10 km

Drive time Dien Bien to Sapa, approx 5 hours, 276 km

Our guide and driver will collect us around 7:30 am for the drive to Sapa. It's time to sit back, relax, and enjoy as the scenery transforms from bustling metropolis to rolling hills and endless rice paddies.

Around midday you will arrive in Sapa, where you'll get to enjoy a local lunch. Then for your first trek we will head through the rice terraces from Lao Chai to Ta Van village, which is inhabited by a H'mong community. Here you'll get the chance to meet local people and share stories and information about your respective cultures with each other before you are driven 8 km back to Sapa.

Hotel accommodation in Sapa



Trekking through the Sapa rice terraces

Day 8. Monday Trekking from Sapa, Vietnam (B, L, D)

Walk time around 5 hours, 12 km

After a delicious breakfast, we'll start our trek by heading to the Red Dzao village of Ma Tra, then on to the village of Ta Phin. On the way there will be stunning scenery of rice paddies and small villages everywhere you look, and we'll end the day by visiting a local homestay in Ta Phin, allowing you to really get up close and personal with the culture and traditions here. Then there is a 40 minute drive back to Sapa.

Homestay accommodation - Dormitory

Day 9. Tuesday Sapa - Bac Ha - Ha Giang, Vietnam (B, L, D)

Drive time 7.5 hours, 287 km

We'll leave Sapa and drive to Ha Giang, Vietnam's final frontier, close to the Chinese border. On the way we'll stop at Hoang A Tuong (or the 'Cat King's House') in Bac Ha Town and have lunch in Chang Village, both inhabited by Tay communities.

After lunch we continue our drive deeper into Ha Giang, through spectacular scenery along the way, before finally reaching the Tay village around 6 pm (where we will spend the night), just in time for a home-cooked dinner.



Traditional Tay stilt house accommodation - Dormitory

Hoang A Tuong

Day 10. Wednesday Ha Giang - Lung Cu - Dong Van, Vietnam (B, L, D) Drive time 6.5 hours, 198 km.

After breakfast, you will be driven from Ha Giang to Lung Cu, often called the North Pole of Vietnam where a small triangle of land is flanked by Chinese territory to the east, north and west. From this small hill the view extends across a beautiful village landscape towards the huge Vietnamese flag on a 30 m tower at the top of Dragon Mountain. The flag has an area of 54 sq m - one sq m for every ethnic group in Vietnam.

Then, we will visit one more village, the Village of Lolo Ethnic Group, also known as the Yi people across the border in China. If we have time on the way to Dong Van, we'll visit a H'mong Village in Lung Cam, and the residence of the Vuong Family, still called 'Palace of Hmong King'.

Hotel accommodation in Dong Van



Lung Cu, the North Pole of Vietnam

Day 11. Thursday Dong Van - Meo Vac - Ba Be National Park, Vietnam (B, L, D) Drive time 7 hours, 262 km

Today you'll visit Dong Van Market, where locals come from the surrounding villages to purchase or trade for essentials they can't produce themselves. Then you'll head to Pu Lo fortress which was built in 1890 and evacuated in 1945. You will enjoy spectacular views of the entire region, before continuing to the top of Ma Pi Leng Pass, through a gigantic maze of limestone peaks, stone forests, and canyons, before descending into the valley of Meo Vac. Winding our way through the valley, we'll eventually reach Bao Lac village for lunch before being driven to Ba Be National Park where you'll spend the night in a homestay.

Overnight in a Homestay

Day 12. Friday Meo Vac - Ba Be National Park, Vietnam (B, L, D)

After a 7.30 am breakfast overlooking the lake we'll set off to start an adventurous day in Ba Be National Park. You will travel across Ba Be Lake, the largest natural lake in Vietnam, on a private boat to visit the Puong Cave, famous for its thousands of bats. Then you'll continue down the Nang River to see the Dau Dang Waterfall before having lunch at a nearby village restaurant on the banks of the river. Returning to Ba Be Lake, you will visit An Ma Temple and then trek a short distance through the forest to the homestay. If you still have the energy, there is the option of kayaking on the lake before dinner at the homestay (own cost).

Overnight in a Homestay

Day 13. Saturday Ba Be Lake - Phia Thap - Cao Bang, Vietnam (B, L, D) Drive time 4 hours, 152 km

This morning you'll transfer by car from Ba Be to Cao Bang Province to visit Phia Thap community village, populated by 50 families from the Nung ethnic minority. These villagers have been making incense for hundreds of years and you will have the opportunity to see how it's made and chat to the friendly and hospitable locals. The village is set in a stunning landscape, surrounded by limestone pinnacles.

You also have the option to visit Pac Rang blacksmith village where almost every home has a furnace and a forging business producing products like knives, hoes and shovels. They also cultivate rice, crops and cattle.

Hotel accommodation in Cao Bang

Day 14. Sunday Ban Gioc Waterfall - Lang Son, Vietnam (B, L) Drive time 5 hours, 184 km

Today is likely to be one of the highlights of the trip. After another early breakfast, you will be driven almost two hours to Ban Gioc to visit one of the most incredible natural wonders in Northern Vietnam - Ban Gioc Waterfall. This breath-taking 300 m wide cascade sits right on the border between China and Vietnam, amidst a beautiful mountainous landscape. While you're here you can spend your time relaxing, take some amazing photos, and board a bamboo boat that will take you so close to the falls you'll feel the spray on your face. You'll be practically sitting at the very edge of Vietnam, so close to China you can actually touch it.

After enjoying the waterfall, you will venture deep underground into the magical Nguom Ngao Cave to discover the rock formations which have been carved by erosion over millennia.

In the afternoom you will be transferred to Lang Son.

Hotel accommodation in Lang Son



Day 15. Monday Lang Son - Ha Long Bay, Vietnam (B, L, D)

Drive time 3.5 hours, 175 km

This morning we transfer to Ha Long Bay. Around 12.45 pm, a transfer boat will take us to our Oriental Sails Cruises boat where we'll have a cruise briefing and check into our cabins. We'll be served a delectable lunch from 1.00 pm as we sail towards the limestone islands of Bai Tu Long Bay, There are two options for activities this afternoon.

Option 1: Discovery of local daily life: Take a bamboo rowing boat trip around Vung Vieng Fishing Village.

Option 2: Take a kayak trip by yourself with the help and instruction of the village tour guides.

Around 5.30 pm you will return to the cruise boat, freshen up and relax watching the sunset. Then you can enjoy happy hour at the bar, and on the sun deck while joining the cooking class with the cruise boat's chefs. Dinner will be served at 7.00 pm and you can either socialise with the other guests, enjoy some night squid fishing, or just take it easy. There will be singing and dancing until 10.00 pm.

Cruise boat accommodation in the Cong Do area.



Day 16. Tuesday Bai Tu Long - Hanoi, Vietnam (B, L)

Ha Long Bay

Drive time to Hanoi, 3.5 hours

You will start the morning on the sun deck with Tai Chi between 6.30 - 7.00 am. Then it's a leisurely breakfast as you cruise towards Thien Canh Son Cave, a medium sized, less visited cave in Bai Tu Long Bay. We will check out of our cabins as we sail back to port, then have an early lunch on board. We expect to reach the port around midday where we will be met and transferred to Hanoi, Vietnam's capital.

Hotel accommodation in Hanoi.

Day 17. Wednesday Hanoi City Tour - Hue, Vietnam (B, L, D)

Drive time around 8 hours for sightseeing and airport transfer

Early this moning you'll visit Tran Quoc pagoda, the oldest Buddhist temple in Hanoi. Built during the sixth century, it was relocated in 1615 to Kim Ngu islet in Ho Tay (West Lake). Then it's time to visit the mausoleum of Ho Chi Minh - the revered founder of the Indochinese Communist Party who eventually became Prime Minister, and then President of North Vietnam. We'll see the stilt house where 'Uncle Ho' lived and worked from 1958 to 1969, as well as the Ho Chi Minh Museum.

Nearby is the One-Pillar Pagoda, founded by King Ly Thai To in 1049 and now an important symbol for the people of Hanoi. Then it's a visit to the Temple of Literature. Constructed in 1070, the temple was dedicated to Confucius, sages and scholars and was Vietnam's first university.

After lunch in a local restaurant we'll explore the handicraft (pottery) village of Bat Trang. We will drive back to the legendary Hoan Kiem Lake to visit Ngoc Son Temple dedicated to Van Xuong Saint and Tran Hung Dao, the former general commander who repelled two Mongolian invasions in the 13th century.

There will be time to enjoy a one hour cyclo ride to enjoy the beautiful Vietnamese and French architecture around the lake and the old quarter.

After dinner at a local restaurant, we'll transfer to the airport to catch our flight to Hue.

Hotel accommodation in Hue

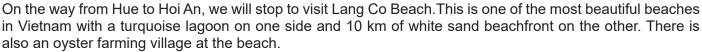
Day 18. Thursday Hue - Thuy Bieu - Hue, Vietnam (B, L)

Today we take a boat for a cruise on the gentle Huong River. We'll visit Thien Mu pagoda, built in 1601 on the order of the first Nguyen lord, Nguyen Hoang, who at that time was the governor of Hue. We continue to a quiet Thuy Bieu village – 6.5 km from the city centre – a laidback village famous for growing the Thanh Tra fruit (a kind of small pomelo), visit many garden houses, a unique feature of Hue countryside, and enjoy a nice walking and / or biking trip around the vilage.

After visiting an old communal house where we can communicate with locals and learn to appreciate their culture, we head back to Thuy Bieu restaurant for lunch. You may enjoy soaking your feet in medicinal herb water – a traditional therapeutic practice and enjoy an excellent massage. That afternoon, we get to discover Emperor Minh Mang's tomb, ponds and gardens, known for its perfect harmony between architecture and its natural environment. It began to be built during his reign (1820-1841) and was completed only in 1843, two years after his death by his successor, Thieu Tri.

Hotel accommodation in Hue

Day 19. Friday Hue - My Son - Hoi An, Vietnam (B, L)



We will continue through the 20 km Hai Van Pass, the highest pass in Vietnam. There are excellent views of Lang Co Beach from the pass.

Our next stop is Marble Mountain - a cluster of five marble and limestone hills: Metal (Venus), Wood (Jupiter), Earth (Saturn), Water (Mercury) and Fire (Mars). We will visit Water Mountain – the largest and most beautiful historical site to visit.

After lunch we head to My Son Temple Ruins. At My Son, you have the chance to admire the amazing Apsara dancers performing a traditional Khmer classical dance in the mysterious beauty of My Son ruins, under the stunning glow of sunset.

Hotel accommodation in Hoi An

Day 20. Saturday Hoi An - Ho Chi Minh City, Vietnam (B, L)

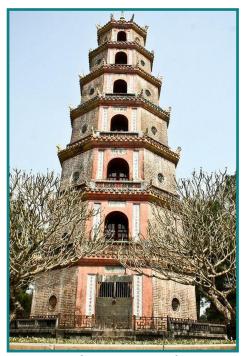
Walk time 4 hours. Drive time to airport 3 hours

Today we walk to the ancient city, visit the Kwan Temple, Phuc Kien Chinese Assembly Hall, Tan Ky Old House, Japanese Covered Bridge and the Historic and Cultural museum in Hoi An. Then we visit Hoi An's handicraft workshop and have lunch before coming back to the hotel, check-out and head to the airport. On arriving at Ho Chi Minh City, we will be transferred to our hotel.

Free time to explore the city in the afternoon.

Hotel accommodation in Ho Chi Minh City





Thien Mu pagoda

Day 21. Sunday Ho Chi Minh City, Vietnam (B, L)

Today we enjoy a Ho Chi Minh City tour. Our first stop will be the Cu Chi Tunnel - a popular spot for both Vietnamese & foreign tourists. This network of over 200 km of tunnels became legendary when they played a vital role in the Vietnam War, AKA the American War. In their heyday, the tunnels were functioning underground cities including numerous trap doors, specially constructed living areas, storage facilities, weapons factories, field hospitals, command centres and kitchens.

Today, ducks and water buffalos happily co-exist in the rivers along the side of the road. However, the peaceful rural rice paddy scenery belies the area's violent history. Visitors will find it hard to imagine the destruction, damage & defoliation over this whole area, caused by bombing and mines. There is plenty of evidence of the fierce battle that took place here during the 1960s when Cu Chi was a 'Free Target Zone'.

Visitors can watch a short introductory video showing how the tunnels were constructed before entering the tunnels and spend the next hour exploring the tunnels. Afterwards, enjoy tea and cassava (guerrilla's food in war time). Return to Saigon to visit Notre Dame Cathedral, built in the late 1800s by French colonialists. Then it's on to the historic Central Post Office, followed by a visit to the Reunification Palace, and the remarkable site of the War Remnants Museum.

Hotel accommodation in Ho Chi Minh City

Day 22. Monday Ho Chi Minh City - Can Tho, Vietnam (B, L)

Drive time 3.5 hours, 170 km

We leave Ho Chi Minh this morning for a scenic drive through green rice fields. When we reach My Tho, we visit Vinh Trang Pagoda, one of the best-known Budhist temples in the region. Then we take a leisurely boat ride along the river, viewing stilt houses, fruit plantations and fishing villages along the way.

We continue to Tortoise Islet for lunch in the orchard garden, then enjoy a boat ride to An Khanh – a less touristy attraction in Ben Tre, and enjoy cruising on a hand-rowed sampan under the shade of water coconut trees along natural canals. Then it's time to enjoy seasonal fruit and honey tea to the sound of 'Southern Vietnamese folk music', performed by the locals. We continue to explore this idyllic rural lifestyle, taste delicious coconut candy and observe traditional pastoral life as we roam through the fruit plantations and villages. Then it's on to Can Tho. Free time in the evening to visit the bustling Can Tho market.

Hotel accommodation in Can Tho

Day 23. Tuesday Can Tho - Chau Doc, Vietnam (B, L, D)

Drive time 4 hours, 120 km

Today will start with a leisurely boat trip to explore the picturesque tributaries of the Lower Mekong River (Bassac River), then proceed to Cai Rang floating markets, which are the liveliest in the whole region. Before we wander around the markets to meet the friendly locals, we'll get a chance to see how the delicious Vietnamese vermicelli soup is made. We'll get to sample it of course. Then we'll get the locals to help us navigate a 'Monkey Bridge', built from just one stem of bamboo.

After lunch, we drive to Chau Doc, and continue to the internationally renowned Tra Su wild bird sanctuary. We'll be paddled smoothly through the melaleuca forest wetlands watching storks, egrets, cranes, cormorants, peafowl and other tropical birds. This is an incredible experience, even if you are not a dedicated birdo.

Hotel accommodation in Chau Doc



Day 24. Wednesday Chau Doc - Phnom Penh, Cambodia (B)

Transfer time from Chau Doc Harbour to Phnom Penh 6 hours

Walk distance 1-2 km

After breakfast at the hotel, we'll catch the fast boat to Phnom Penh, the capital of Cambodia.

Our local guide will welcome us at the Phnom Penh pier and transfer us to our hotel. Then it's time to visit the Royal Palace, traditional home of the king of Cambodia, and the Silver Pagoda, the most sacred shrine in the country. We visit both structures as well as the legendary temple of Wat Phnom which was built in 1372. It is the tallest religious structure in the city.

Hotel accommodation in Phnom Penh



Royal Palace Phnom Penh

Day 25. Thursday Phnom Penh - Siem Reap, Cambodia (B)

Walk distance 1-2 km

After breakfast at the hotel, we'll drive towards Siem Reap. We'll stop along the way to explore the Spider Market at Skun. Yes, they sell fried garlic-seasoned Tarantulas. Not everyone's cup of tea.

After lunch, we'll visit Sambor Prei Kuk, an archaeological site containing pre-Angkorian temples. This UNESCO World Heritage listed site dates back to the 6th - 9th century. It's often referred to as 'The City of Shiva in the Forest of Towers'. On the west bank of the Saen River, researchers recovered dikes which framed a square city, 2km wide. It was the capital of a regional kingdom and contains around 50 temples.

Hotel accommodation in Siem Reap



Sambor Prei Kuk archaeological site

Day 26. Friday Siem Reap - Angkor Wat - Angkor Thom - Ta Prohm, Cambodia (B, L, D) Walk distance: 9 - 11 km

Today is dedicated to visiting the magnificent, world renowned Angkor Wat temple. This architectural masterpiece was constructed in the 12th century and covers an area of about 210 hectares. The temple contains many galleries with columns, libraries, pavilions, courtyards and ponds full of water, carved low-reliefs about Ramayana Story and day-to-day life at the time of Angkor's construction. It is an incredible combination of human genius and natural beauty.

In the afternoon, we continue exploring the mysterious Royal city of Angkor Thom, whose 54-tower temple is an awesome sight. At first glance, it seems a shapeless mass of stone, but further scrutiny reveals a face, and then another and another until suddenly you are engulfed by the silent, heavy, enigmatic silent gazes. Further on, we visit the surroundings of the complex including the Bayon, Elephant Terraces, Leper King Terrace and countless carved figures. The size and the foundations of the Khmer civilisation are well-documented in this extraordinary place.

Hotel accommodation in Siem Reap



Angkor Wat

Day 27. Saturday Bantea Srei - Kbal Spean - Banteay Samre, Cambodia (B) Walk distance around 6 km

Today we will visit the enchanting Banteay Srei. It appears that this temple was designed to leave no space undecorated, and the fine carvings in pink sandstone are unique. We continue driving for around one hour towards a small chain of hills near Kbal Spean and continue our journey on foot. In less than an hour, we will hear the sound of a waterfall and discover that the riverbed and the rocks around us are covered with carvings representing the gods of the Brahma religion dating back as far as the 11th century. This is the River of One Thousand Lingas. The water runs over the sculptures of Vishnu, Lakshmi, Hanuman, Rama and many Lingas,



which were carved in stone in the past to sanctify the water and to thank the gods for their gift. We follow the river through a small gorge using bamboo stairs to pass a few narrow passages and finally reach the beautiful waterfall. On the way back we make a short stop at Banteay Samre Temple.

Hotel accommodation in Siem Reap

Day 28. Sunday Depart Siem Reap, Cambodia (B)

Today it's time to leave Indochina but you will take with you some incredible memories of amazing cultures that existed long before the turbulent French colonisation of this region situated between India and China.

What's Included in Indochina

- Air-conditioned road transport with driver
- Local English speaking guides
- An Australian Take A Walk Adventures leader for the complete trip
- Entrance fees to all sites detailed in the itinerary
- Two-day, one-night Ha Long Bay cruise
- Fast boat from Chau Doc to Phnom Penh
- All meals as noted (B,L,D)
- Twin share / double accommodation as detailed in the itinerary in 3* hotels
- Train ticket from Hanoi to Hue. (4 persons per cabin soft sleeper with air-conditioning.)
- 1 x bottle of water every day

What's Not Included in Indochina

- Round trip airfare from Australia to Laos and from Cambodia to Australia, or from or to any other destination
- Airport transfers in Laos and Cambodia
- Any lodging prior to or after the tour dates
- Visa fee to enter Laos, Vietnam and Cambodia
- · Domestic air tickets and airport taxes
- Entrance fees to museums, and sites of interest not included in the itinerary
- Optional kayak on Day 12 approximately USD \$6, 2 people for 1 hour
- All personal trekking equipment
- Extra meals not noted and all trail snacks
- Alcohol, soft drinks and mineral water
- Bottled water. Water in Indochina needs to be purified and treated before drinking. Please refer to the Indochina gear list for water treatment options
- Medications and personal first aid kits
- Personal expenses and other additional services, especially if you can't participate in the scheduled itinerary for any reason
- Travel and accident insurance
- Tips for the guides and drivers. These are usually arranged with the trip leader but we have told them we are independent travellers and do not expect our bags being carried into our hotels etc for a tip, unless we ask for the service. We will organise this as a group thing.



Dawn at Angkor Wat

To ensure the safety and the wellbeing of the group, please bear in mind the itinerary may be altered for reasons beyond our control such as weather and trail conditions, and road or park closures. The final hiking selection is at the discretion of our local tour leaders.

Your place on this trip will be confirmed upon receipt of your booking form and \$500 deposist. This itinerary is a living document. Please download the latest version before confirming travel plans.

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